

**Reason for Contact:**

Was the visit planned? Yes, announced virtual visit

Purpose of the visit: To see Stacey after I was not able to physically see her yesterday as she was in the toilet while I attended the family home.

**Views of the children:**

Stacey shared that the reason why she does not like school is due to the teacher and particularly maths lessons. Stacey has also shared that she does not like English as she finds this hard as well as history and religious studies. Stacey shared that she enjoys PE, football, dance, singing and art. Even though Stacey finds it hard she enjoys science. I asked Stacey if it was OK to share this information with the school and she agreed.

I asked Stacey if we could talk about what happened to the Guinea pig and she said that she did not want to talk about it. I persisted, but Stacey continued to refuse, and I left the conversation there as we could pick this up another time.

I asked Stacey if not going to school was related to her dad leaving the family home and she said a little bit. Stacey informed me that her father leaving has made her sad and upset. Stacey informed me that her father doesn't come round to their home often as he spends a lot of time with his new girlfriend. Stacey shared that she feels like her father's new girlfriend is taking him away from spending time with them which is making her feel upset.

Stacey said that he has been going on holidays with his new girlfriend and that she had asked if he could take her and her sibling to Leysdown as they have a Chalet there which he refused to do. Stacey said that her father has gone to Barcelona and in a couple of days he's going to be going to Italy with his new girlfriend, and he has not taken them away.

I asked Stacey when she goes and sees her father is his new girlfriend present and she informed me that sometimes she is and sometimes she isn't. Sometimes she has plans with her son.

Stacey also informed me that the school had told her father not to give her treats as she has not been going into school and her father had given Chanelle money and she has not been attending school which was not fair.

Stacey also mentioned that her father came round last Sunday and only stayed for about an hour or 30 minutes and she suspects that this is due to his new girlfriend.

Stacey shared that she would like her father to come home. I asked Stacey if she knew why her parents had split up and she informed me that her parents would argue which made them upset and they found annoying. I asked Stacey how she found out about her father leaving the property, she informed me that her mother's friend Barbara had picked her up from school and she received a text message from her father saying that he was not going to be coming home. She then went up to his room when she returned back home and found all of his stuff had gone and both herself and Chanelle were very upset but cannot remember what happened after this.

Stacey shared that she will be going with her mother to pick up Carlton from school once we finished this visit.

**Update and views of the parent:**

This was a virtual visit with Stacey.

**Progress of the CIN/CP plan:**

Understanding Stacey's wishes and feelings about her father no longer living with her has helped us understand some of the reasons why Stacey is feeling low in mood. Stacey returning home and seeing her father had moved his belongings without warning has created anxiety and this is the first time she has shared this. Now, I know more about why Stacey has been feeling so low and why her relationship with school has changed means that I can explore how to help her heal from her parents' separation and help her return to school.

**Observations of the home/children/parent:**

As this was a virtual visit to see Stacey, I was able to see her face and at times the phone would move, and I will only see the top of her glasses and would have to remind her that the phone had moved.

Stacey would respond that she does not know when asking her questions directly and once she is provided with suggestions, she would then open up about how she feels. I asked Stacey questions about what her ideal school day would look like and how she feels about her father not living at home. These questions are big for Stacey and not always easy to answer.

**Analysis of information**

It must have been very distressing for Stacey to finish school and receive a text message from her dad saying that he was not going to be returning home and when she returned home to see that all of his clothes were empty from his drawers. Stacey has shared that she feels upset about her father not taking them on holidays and feels that he spends a lot of time with his new girlfriend.

Stacey has shared some of the reasons why she is not attending school in relation to the difficulties in relationships with the teachers and subjects that she finds more challenging. Also, Stacey has been open about the impact that her father not living with them has had on her and this has also affected her relationship with school.

Stacey's sense of belonging is challenged and there is a mistrust of her father, and this could be contributing to her anxiety. Stacey appears to be unclear about how committed her father is to her and her brother and sister. Stacey needs to feel valued by her father and the amount of time he spends with her is likely to determine how much she considers him to value her. School should be a safe space, but with Stacey struggling emotionally in relation to home related issues it is understandable why she is finding parts of school more difficult. Stacey feeling low in mood means she is not able to manage the stresses of not answering questions right in lessons, this makes her feel silly and creates awkwardness for her. So, it is important for the teachers to understand where she is coming from and help to build her confidence to attend school

and explore how to make Stacey feel safe and comfortable in lessons. This is not going to be easy for Stacey, but we will persevere, and progress will be made.

### **Action**

Discussion with Martin about the information shared by Stacey to help him understand how she is feeling and help him speak to Stacey about this and explore how they can work through this as a family.

Email to school about a part-time timetable.

Next visit planned for: 9th May at 4pm