

Date	Outcome	Actions	Person / Agency Responsible	Timescale	Progress against the Outcome
07.02.2023	Jessica experiences feelings of low mood and we want to see that Jessica can share how she is feeling with her mum and grandad and works towards cutting herself less than now.	<p>Jessica has a Spotify playlist for when she is feeling low and says when she plays this list her mind feels settled. We want Jessica to listen to her music, which opens her mind to journal her thoughts.</p> <p>Jessica shared she uses a razor blade to cut the top of her arms and legs. Jessica has agreed to throw the razor blades away and show her mum the top of her arms, legs, and stomach once a week to evidence that she is not cutting herself.</p> <p>Jessica has been referred to CAMHS, the sessions are due to start on the 01.03.2023 and Jessica will learn cognitive behavioural</p>	Jessica with support from her mum and grandad.	We will review at each home visit (23.02.2023) and child in need meeting (06.03.2023).	<p>Jessica had 2 days when she experienced low mood and did not want to get out of bed. Jessica said she told her mum how she was feelings and they spent time together talking this through. Jessica said when her mum was busy, she was able to speak to her grandad and that this felt good. Jessica said she was proud because she was tempted to find something sharp to cut herself and didn't.</p> <p>Jessica shared that all the other days since the last child in need meeting were good and she thinks the plan is working.</p>

		therapy skills to understand new ways to manage her feelings of low mood. We will review this with Jessica at the next home and update this plan and the safety plan if needed.			
07.02.2023	Jessica's weight to be understood in the context of her overall health and wellbeing.	Jessica's current weight is 10 stones and health partners advise that her ideal weight is 11 stones and if her weight reduced to 9 stones or below then we would worry. Jessica eats a healthy diet and has regular vitamins. Jessica has agreed to a blood pressure and iron level test. If the results advise that Jessica is within normal range, we will be satisfied that Jessica's weight is not a worry and we will remove this area from the plan.	Jessica with support from her mum	<p>Jessica's weight will be reviewed weekly by her mum and recorded in the health journal.</p> <p>Jessica's blood pressure test is 02.03.2023 and iron test 03.03.2023.</p>	<p>Jessica's weight has remained consistent at 10 stones since the last meeting.</p> <p>Jessica's blood test is 130/85 and this is within normal range.</p> <p>Jessica's iron levels are lower than expected, which could be due to heavy menstrual loss. Jessica has been advised that she could have iron supplements or increase iron intake in her diet during menstrual, which she has agreed to. The Practice Nurse has agreed to review Jessica's iron levels 6 weekly for the next 6 months to review if the dietary changes increase iron levels.</p>

		Jessica says when her mum checks her body for signs of cutting, she can also be weighed.			
07.02.2023	Jessica's college attendance levels to be between 97-100% and absences are to be related to known or new health issues, which mum has/will seek advice from the GP on.	Jessica's travel time to college is 1 hour, Jessica to give herself an extra 10-minutes, leaving home 70 minutes before class to arrive on-time.	Jessica with oversight from mum and grandad.	We will review at each visit and the college tutor will send an update for each Child in Need meeting.	Jessica's college attendance has improved from 76% to 97%. Jessica attended late on one occasion and messaged one of her classmates on WhatsApp to ask that they tell the teacher she was running late due to traffic.

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09.01.2023	<p>Troy to be updated with his primary immunisations and for us to have a clear understanding of his needs as it is suspected that Troy has characteristics of ADHD.</p> <p>Mr and Mrs. Jose wants to understand how to manage some of Troy's behaviours, which they find challenging. Particularly, his impulsivity, which can mean Troy can be in unsafe situations and his</p>	<p>Mr and Mrs. Jose to make an appointment for Troy with the Practice Nurse for his immunisations.</p> <p>Mr and Mrs. Jose, health visitor and nursery keyworker to meet and discuss the strategies used in nursery to respond to Troy's impulsivity and</p>	<p>Mr and Mrs. Jose (mummy and daddy)</p> <p>Catherine (health visitor) and Shantel (nursery keyworker)</p>	23.01.2023 (2-weeks, appointment expected to be made within this time and we understand if the actual appointment happens outside of this timeframe and no later than 28.03.2023.	<p>Troy has had his outstanding primary immunisations, and these are recorded in his child health development book.</p> <p>Shantel has updated the chronology, and this shows that the nursery staff often apply a staff ration of 2:1 to work with Troy due to his impulsivity</p>

	hyperactivity where it feels like he is constantly on the go.	<p>hyperactivity and explore if these can be mirrored at home.</p> <p>Mr and Mrs. Jose to make an appointment with the GP to explain the behaviours that have been described in Troy for the past 9 months and explore a referral to an ADHD specialist for an assessment. Shantel will update the chronology of observations that Mr and Mrs. Jose can take to the GP by 13.01.2023.</p> <p>Samantha (social worker) will refer Ms. Jose to a parenting programme to support in this area and will share strategies during home visits.</p>	Mr and Mrs. Jose and Shantel.	<p>Samantha explores resources to help Mr and Mrs. Jose develop their knowledge in understanding Troy's behaviour and employing safe parenting strategies to keep him safe. Resources can be explored from Home - ADHD Foundation : ADHD Foundation or Practical tips for helping at home I am a parent or carer of a child with ADHD (adhdandyou.co.uk) may be useful.</p>	and this has helped to keep him safe. Mr and Mrs. Jose said this is almost impossible to achieve at home and has agreed for a family network meeting to explore who in their network can provide support on weekends and school holidays when caring for Troy can be particularly demanding.
09.01.2023	Currently, Grace's school attendance is 79% and we expect this to increase to 84% before the end of this half term. Grace is to attend school on-time.	Grace will attend school each day and on time, absence will be due to ill-health only. We have agreed that unless Grace is physically	Mr and Mrs. Jose	17.02.2023 as this is the last day of term.	Grace's school attendance is improving and is on track to meet the 84% goal at the end of the school term. Grace has felt unwell on 4

	<p>Grace is behind in her reading and writing and by the end of this term we expect Grace to be able to confidently read level 1 books and to begin showing her spelling skills by spelling phonetic words correctly.</p>	<p>uncomfortable, Mr and Mrs. Jose will bring Grace to school with medication if needed and if she is too uncomfortable teaching staff can call them to collect. We have agreed that it is important to teach Grace that there will be times she may not feel at her best, but it does not mean her education needs to be disrupted.</p> <p>Ms. Young (class teacher) will give Grace a reading book at the start of each week and Grace will read everyday at home to one of her parents, any words that Grace struggles with will be recorded in the school contact log for Mr and Mrs. Jose to support Grace with. Grace will read daily at school and when she has completed a book a new book will be</p>	Mr and Mrs. Jose and Ms Young	17.02.2023 with daily updates between Mrs and Mrs Jose and Ms Young	<p>occasions and has attended school with Calpol being administered throughout the school day. Teaching staff have felt no need to call Mr and Mrs Jose to collect Grace. Teachers have noticed that once Grace realises, she is not going home she is fine and on the last 2 occasions when she was unwell Grace refused Calpol and was observed to be playing on her own and later played with friends. Grace is attending on time every day.</p> <p>Grace is reading Biff and Chip books and has found these fun to read as they are short stories. Grace has been reluctant to change her books, and this is because she is confident in reading them and is worried she may not</p>
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		<p>given. Grace will be allowed to choose the book she wants to read within level 1.</p> <p>Grace has 5-word spellings each week, Mr. and Mrs. Jose to practice these at home with Grace each day and Ms. Young will record the spelling results in the school contact record to help parents understand and support Grace's progress.</p>	Mr and Mrs. Jose and Ms Young	17.02.2023 with daily updates between Mrs and Mrs Jose and Ms Young	<p>be able to read the new books. Grace is being encouraged to understand that many of the words will be in the other books, but in different orders. Grace is reading at home and to make it fun Ms Young has suggested that they play musical books to keep Grace interested in her reading. This is where Grace has a few books circled on the ground, she dances in the middle and when the music stops Grace sits on a book and this is the one, she will read.</p> <p>Grace is writing in class and is using phonetics to assist her spelling. Ms. Young has also placed a word sheet with frequently used words in Grace's tray that she can refer to when writing. Overall, Grace is making progress.</p>
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09.01.2023	Grace and Jose not to observe domestic abuse between their parents.	Mr and Mrs Jose have had direct work sessions with the Social Worker to understand what domestic abuse is and the effects it has on children. The safety plan that has been working for the past few months will continue to be discussed in home visits and child in need meetings to make sure it is still	Mr and Mrs Jose and Samantha	26.01.2023 (home visit and 07.02.2023 (child in need meeting).	There was 1 report from Grace that Mr. Jose was shouting at Mrs Jose. Through direct work with Samantha, Grace shared that Mr. Jose was annoyed because he wanted to watch football and Mrs. Jose wanted to watch Emmerdale. Grace said Mrs. Jose shouted at Mr Jose to watch the TV in the bedroom and he did.

		supporting the children to be safe.			Grace said she did not feel scared, and this argument was different to the other scary arguments her parents had. This demonstrates Mr Jose is improving at regulating his emotions and the home environment feels safer than before.
09.01.2023	Mr and Mrs Jose to have access to all entitled benefits.	Samantha to help Mr and Mrs Jose access the benefit entitlement calculator with the citizens advice bureau to check what benefits they are entitled to as working parents.	Samantha	09.01.2023, following this meeting.	Mr and Mrs Jose have applied for universal credit, which has helped manage their finances better. They also receive an increased contribution to their housing benefit and due to their income have received the cost-of-living payment.
09.01.2023	Mr and Mrs Jose to have a family network meeting to explore who in their network can provide support on weekends and during school holidays to provide them time to rest and relax so they	Samantha will organise the family network meeting and this can be part of the child in need meeting.	Samantha	07.02.2023	There have been difficulties getting the family together at the same time, it has been agreed that there can be a

	can continue to be safe, responsible, loving, and caring parents.				part 1 and 2 meeting for a plan to be developed. This should happen by the 09.03.2023.
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